# Reading Issues in Children: What Audiologists Need to Know

Carol Sullivan, MS, CCC/SLP Rebecca Kooper, AuD, CCC/A April 2010 AAA



# Audiologists as a member of the literacy team

- Why?
  - Audiologists evaluate many students for auditory processing disorders whose primary complaint is a reading problem.
  - Children need "about 20,000 hours of relentless auditory attention" in order to learn to read. (English, K, Audiology, MarApr 2010)
  - Recent research establishes a "significant link between subcortical <u>auditory</u> function and reading. (Banai et al, Reading and Subcortical Function, Cerebral Cortex, Nov 2009)

### Recent research findings

#### **Speech ABR**

- Provides objective physiological information
- Sensitive to speech encoding in the auditory pathway
- Poor readers show abnormal timing of ABR's to speech sounds (Banai, Hornickel, Skoe, Nicol, Zecker, Kraus, 2009)
- Not found in click sounds (Song, 2006)

### **Encoding speech**

 Poor readers have abnormal representation of acoustic elements of speech necessary for phonemic discrimination

 Results in impoverished input to higher level areas dedicated to phonological processing

# What is the relationship between reading and subcortical functions?

- Phonological decoding, measured in non word reading correlates with the *timing* of subcortical processes
- Relates to the robustness of subcortical representation of the harmonic content of speech. Banai, Hornickle, Skoe, Nicol, Zecker, Krauss, 2009

### 20,000 hours!!!!

- Need for early amplification
- Need for consistent amplification











### Audiological test battery

- Currently, most audiologists test using (central) auditory processing tests which include
  - Temporal
  - Binaural integration/ separation
  - Monaurally degraded signal
    - Speech-in-noise
  - Binaural interaction

# Consistent with a team approach to both reading and APD.....

- Evaluation should only be done after receipt of some information from other members of the team:
  - SLP evaluation
  - Psychological evaluation
  - Academic performance
  - Reading assessment

# Audiologists' recommendations following (C)APD evaluation:

- Recommendations include
  - Remediation and compensatory strategies dependent on APD results
  - Referral back to SLP for a phonologicalorthographical substitution evaluation
  - Referral back to reading specialist after SLP assessment
- Do not make recommendations in isolation.
   Communicate with school personnel.

# What is the difference between a "reading impairment" and "dyslexia"?

A disorder characterized by difficulties in single word decoding, usually reflecting insufficient phonological processing. Snowling, 2008, Vellutino, 2004

This disability is "often unexpected in relation to age, and other cognitive and academic abilities..."

Shaywitz, Fletcher & Shaywitz, 1994

### Traditional reading process

According to the National Institute for Literacy, lists five areas of reading instruction

- Phonemic awareness
- Phonics
- Fluency
- Vocabulary
- Text comprehension

### **Terminology**

**Phoneme**- the smallest part of spoken language that makes a difference in the meaning of words

Phonological processing - includes phonemic awareness- ability to hear, identify and manipulate individual phonemes in words. Also includes work with rhymes, words, syllables, and onsets and rimes.

### Phonological Processing

#### Phonological Awareness

Blending words

Elision

Sound matching

#### Phonological Memory

Memory for digits Non-word repetition

#### Rapid Naming

Rapid color naming Rapid object naming Rapid letter naming Rapid digit naming

Comprehensive Test of Phonological Processing (CTOPP), Wagner, Torgesen, & Rashotte, 1994.

### How do these patterns develop?

Reading develops through bottom-up and top down-processes

#### Top-down processes

Using context to support reading the word

Example

C\_\_\_d\_ won the gold medal in hockey.

A doorbell is not a d\_c\_b\_l.

#### Auditory closure

Filtered words

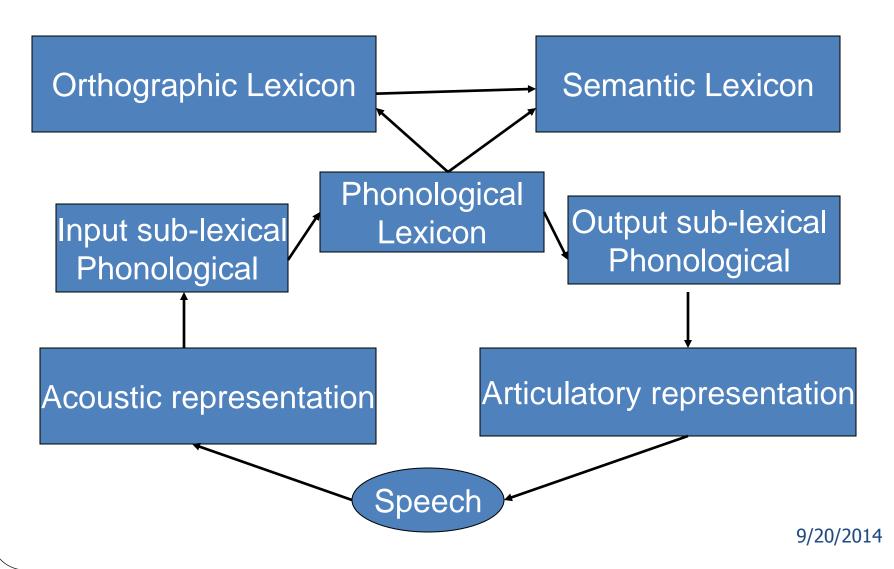
### **Reading and Auditory Systems**

Reading depends upon the development of an accurate acoustic representation of language through encoding.

The acoustic representation of language could impact the development of speech (articulation) and the development of speech could impact the acoustic representation of language.

#### Interaction of acoustic input and articulatory output

Sullivan, C. & Kooper, R. 2007



# What happens when this process breaks down?

Poor speech perception gives rise both to "fuzzy" or "underspecified" lexical and phonological representations and to weak verbal short term memory. It results in poor perception of phonological units.

(Studdert-Kennedy, Haskins Laboratories, 2002)

...which will adversely impact reading and spelling

# Phonemes that are critical to early reading development

#### **Short vowels**

Vowels are the core phonemes of speech utterances

- Short vowels are present in all words taught in the early phases of reading development
- Vowel perception is influenced in the presence of noise
- Reading curriculum frequently spends a short period of time teaching short vowels

# Concepts underlying development of phonological intervention

- Bottom-up processing
  - Auditory processing requires neurophysiological and cognitive mechanisms
  - Interaction between bottom up and top down processing
  - Bottom up processing requires detection and processing within the auditory system

# Creation of a criterion referenced test to detect phonographic-orthographic error patterns

 The P-O-S-E. is a prescriptive, criterion referenced screening and rehabilitation system designed to assess and to correct the degree of deviation between a child's phonological (spoken) orthographic (written) representations of target short vowels.

# Phonological- Orthographic Substitution Evaluation (POSE)

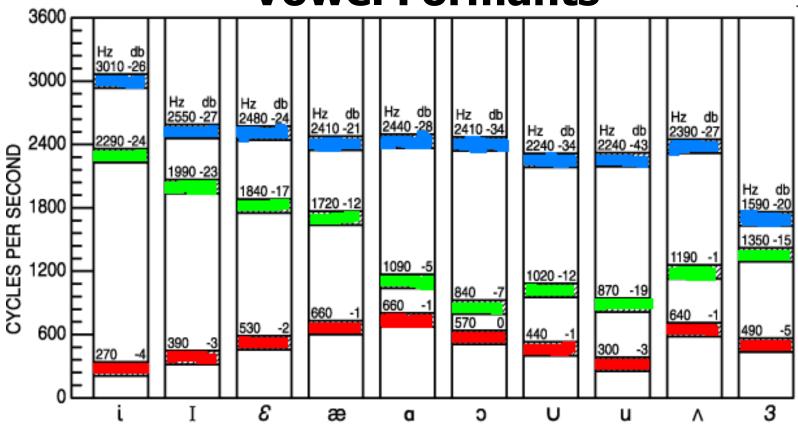
- Criterion-referenced test designed to assess vowel errors through reading and spelling tasks
- Targeted for general application at 3<sup>rd</sup> grade or higher grades
- Uses low frequency of occurrence real words and nonsense words
- Probes the phonological/orthographic code used during spelling and reading.

#### How is the test administered?

Students are first asked to spell two lists of 30 words. Nonsense and real words

- Real words were selected to have a low frequency of occurrence to prevent students from using a "sight vocabulary" approach
  - CVCs
  - CCVCCs
  - CVCe
- A week later the students read the same two lists of 30 words per list

#### **Vowel Formants**



Mean F1, F2, F3 for 33 male speakers, for English vowels in a CVC context. Relative formant amplitudes are given in dB with respect to first formant of [ ) (bought). After [Peterson and Barney, reprinted in J. L. Flanagan, Speech Analysis Synthesis and Perception, Springer-Verlag, Berlin, 2nd

9/20/2014

edition, 1965.

#### **VOWEL FORMANT SYNTHESIS**

©2000 Jonas Beskow: Center for Speech Technology; KTH Stockholm



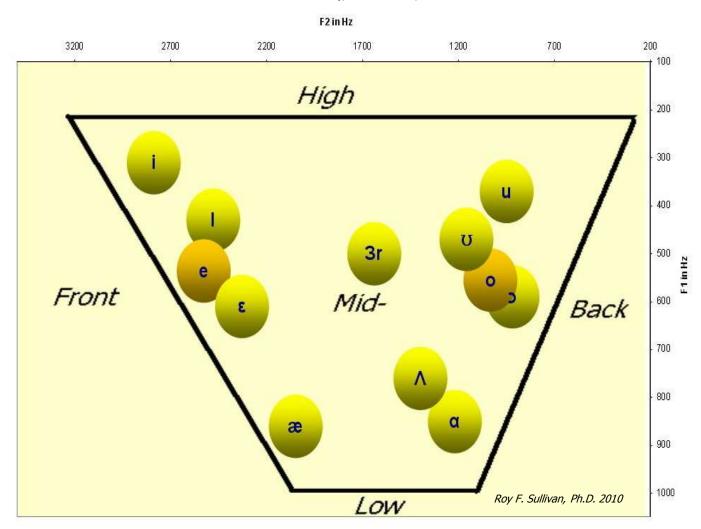
V	<b>VOWEL SYMBOL SETS</b>								
IPA International Phonetic Alphabet (Clinical/Linguistics)	AHD  American Heritage Dictionary  (Schools)	SAMPA Speech Assessment Methods Phonetic Alphabet (ASCII Keyboard)	Examples						
i	ē	i	beat						
I	Ĭ	Ι	pit						
е	ā	e	bait						
3	ě	E	pet						
æ	ă	{	pat						
α	ŏ	A	pot						
٨	ŭ	V	putt						
כ	ô	0	bought						
0	ō	0	boat						
ឋ	ŏŏ	U	put						
u	ŌŌ	u	boot						
<b>3</b> r	û	3'	bird						

Short vowels

#### **VOWEL QUADRANGLE: IPA**

(International Phonetic Alphabet)

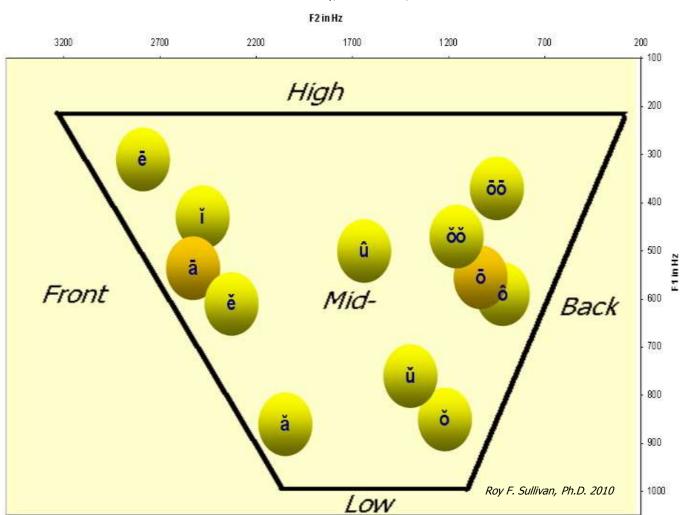
After Peterson & Barney, 1952 N=26F, Gen. Amer.



#### **VOWEL QUADRANGLE: AHD**

(American Heritage Dictionary)

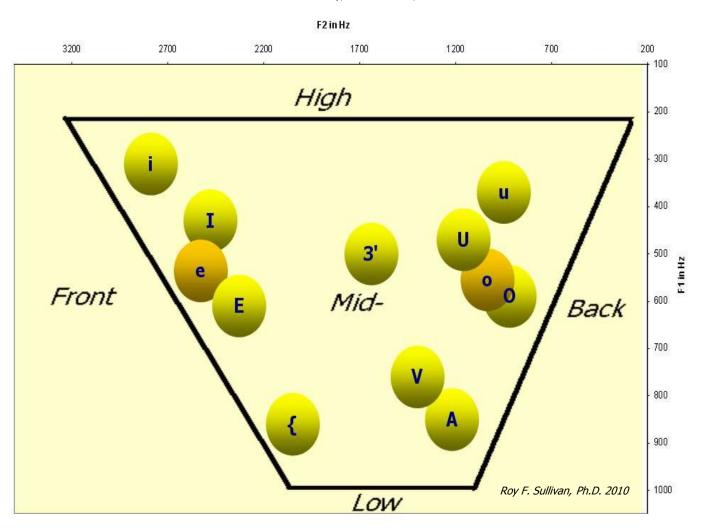
After Peterson & Barney, 1952 N=26F, Gen. Amer.



#### **VOWEL QUADRANGLE: SAMPA**

(Speech Assessment Methods Phonetic Alphabet)

After Peterson & Barney, 1952 N=26F, Gen. Amer.



Name Holden Caulfield

CVC	Response	Beginning Consoners	E	R	RO	R	5	Final Consonant		Other -
vip	-1-	V	a	е	1	0	U	- p		witter.
ref	1	r						+		
sug	Sog	5					8	9		
tob	+416	1				ŭ	0	Ь		
pog	+	р				- Life		g		
zib	+	z						Ь		
fem	+	F						m		
dut	dot	d					8	+		
lod	Tud	1				ŭ		d		
wap	+	w				-		р		
ccvcc	Response	Reginting Consocut	E	R	R O	,R	5	Final		Other .
shug	Shoa	sh	0	е		0	000	Consonant		MINE S
grob		gr				ŭ	0	Ь		
glesh	grub	gl				"		sh		
blick	+	Ы						ck		
plash	+.	pl						sh		
trub	trob	tr					8	Ь		
chog	chua	ch				ŭ	110	g		
bemp	100	ь						mp		
slind	+	s						nd		
grat	÷	gr						1		
CVCe	Response	Beginning Consonant	a	R e	8 0	R	S U	Final Consciunt	Slent	Othe
nide	+	n	Ť	-				d	е	
gute	+	g						t	e	
moze	+	m			100			z		
hake	+	h			-			_ k	c	
vone	+	V.						n	0	
sime	+	5						m	e	
fute	+	f		-	J			_1	e	
bipe	+	ь			-		1	р	e	
bave	+	ь						٧	е	
wode	+	w						d	e	



#### P-O-S-E @ DIAGNOSTIC SUMMARY

LNAME:

Caulfield

FNAME:

Holden

I.D.

330101

DATE:

9/20/2009

#### DATA ENTRY: SPELLING / NONSENSE

CVC								
	1	vip	٧	i	i	ı	р	
	2	ret	r	е	е	E	t	
	2 3	sug	S	u	0	Α	g	
	4	tob	t	0	u	٧	b	
	5	pag	р	а	а	{	g	
	6	zib	Z	i	i	L	b	
	7	fem	f	е	е	E	m	
	8	dut	d	u	0	Α	t	
	9	lod	I	0	u	٧	d	
	10	wap	w	а	а	{	р	
ccvcc								
	11	shug	sh	u	0	Α	g	
	12	grob	gr	0	u	٧	b	
	13	glesh	gl	е	е	E	sh	
	14	blick	bl	i	i	1	ck	
	15	plash	pl	a	а	{	sh	
	16	trub	tr	u	0	Α	b	
	17	chog	ch	0	u	٧	g	
	18	bemp	b	е	е	E	mp	
	19	slind	sl	ı	i	1	nd	
	20	grat	gr	а	а	{	t	
CVCe								
	21	nide	n	i	i	al	de	de
	22	gute	g	u	u	ju	te	te
	23	moze	m	0	0	o/oU	ze	ze
	24	hake	h	а	а	e/el	ke	ke
	25	vone	٧	0	0	o/oU	ne	ne
	26	sime	S	i	i	al	me	me
	27	fute	f	u	u	ju	te	te
	28	bipe	b	i	i	al	pe	pe
	29	bave	b	а	а	e/el	ve	ve
	30	wode	w	0	0	o/oU	de	de



#### P-O-S-E © DIAGNOSTIC SUMMARY

LNAME:

Caulfield

FNAME:

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I.D.

330101

DATE:

9/20/2009

Tage:	Sp	Spell,n CVC			Read <sub>i</sub> n Cl	/C
1 vip	V	i	P	V	ĭpit	P
2 ret	r	e	t	r	ěpet	t
3 sug	s	0	g	s	a p-of	g
4 tob	t	-0	b	t	a put	t
5 pag	P	a	g	p	ăpat	g
6 zd)	Z	i	b	Z	ipit	b
7 fem	f	6	m	f	ěpet	m
8 dut	d	.0	t	d	ŭ putt	t
9 lod	1	8	d	1	ŭ put	d
10 wap	w	a	P	w	ăpat	p

Target	Spell,r CVC			2	Read,rCVC			
					1	1		
1 tab	t	a	b	t	ă pat	b		
2 nip	11	i	p	n	ĭ pit	P		
3 pun	P	0	n	P	ŭ putt	Ħ		
4 wed	W	9	d	W	ě pet	d		
5 cog	C	u	g	C	a pun	g		
6 sap	s	a	ρ	s	ă pat	P		
7 bib	d	i	b	d	ĭpit	b		
8 rut	r	ø	t	r	é pot	t		
9 den	d	9	н	d	ě pet	d		
10 cop	C		P	c	ŏ pot	P		

Target	Spe	Spell,n CCVCC			Read,n CCVCC			
11 shug	sh		g	sh	o pot	g		
12 grob	gr	-W	b	gr	ŏpot	b		
13 glesh	gl	6	sh	gl	ěpet	sh		
14 blick	bl	i	ck	bl	ipit	ck		
15 plash	pi	a	sh	pl	ă pat	sh		
16 trub	tr	. 0	b	tr	o pet	b		
17 chog	ch	- #	g	ch	ű putt	g		
18 bemp	b	e	тр	b	ěpet	mp		
19 slind	si	i	nd	s!	ipit	nd		
20 grat	gr	a	t	gr	åpat	ť		

Target	Spe	Spell r CCVCC			Read,r CC VCC			
11 hack	h	a	ck	h	ă pat	*		
12 drip	dr	i	ρ	dr	ipit	p		
13 stub	st	0	b	st	o pot	b		
14 clot	c/	11	t	c/	u put	ŧ		
15 pest	p	6	st	P	ě pet	st		
16 rash	r	a	sh	r	ă pat	sh		
17 blip	dr	i	p	bi	ipit	p		
18 flop	ff	u	P	ff	if putt	p		
19 mend	m	9	nd	m	ě pet	nd		
20 chum	ch	u	m	ch	ŭ putt	m		

Target	Spe	Spell,n CCVCCe			Read,n CCVCCe				
21 nide	н	7	de	n	i bite	d			
22 gute:	g	и	te	g	ũ butte	ť			
23 moze	m	0	ze	m	ō boat	z			
24 hake	h	a	ke	h	ā bait	k			
25 vone	V	0	ne	V	ō boat	n			
26 sime	s	i	me	\$	i bite	m			
27 fute	f	ш	te	f	ũ butte	t			
28 bipe	b	i	pe	b	i bite	P			
29 bave	b	a	ve	b	ā bait	٧			
30 wode	w	0	de	w	ō boat	d			

Target	Spel	Spell,rCCVCCe			Read,r CCVCCe			
21 dime	d	7	me	d	i bite	m		
22 mute	m	ш	te	m	ŭ butte	t		
23 hose	h	0	se	h	ō boat	Z		
24 fake	f	a	ke	f	ā bait	k		
25 cone	C	0	ne	C	ō boat	n		
26 vine	٧	i	ne	V	i bite	n		
27 fume	f	Ш	me	f	ũ butte	m		
28 kite	k	i	te	k	i bite	t		
29 jade	j	a	de	j	ā bait	d		
30 tote	t	0	te	t	ō boat	t		



#### P-O-S-E © DIAGNOSTIC SUMMARY

LNAME: Caulfield

I.D. 330101

POSE SHORT VOWE	L SCORES	(CAC+CC/	/CC)
Parameter	N items	ratio o k	%o.k.
Total SPELL + READ, n+r	80	54/80	68%
Correl R.S. [ Correl R.S.	40,40	ii day	i ja as i i
SPELL n+r	40	25/40	63%
READ n+r	40	29/40	73%
nonsense S+R	40	26/40	65%
real S+R	40	28/40	70%

FNAME: Holden

DATE: 9/20/2009

Pre-only 0.80 0.40 0.40 Po It-only 0.80 0.40 0.40		0.80	0,40	0,440
Pre-only 0.80 0.40 0.4 Post-only 0.80 0.40 0.4 Pre&Post 0.80 0.40 0.4		S+ Rrn	SPELLIN	REA D' n
Pre-only 0.80 0.40 0.4 Port-only 0.80 0.40 0.4	VOWELS	OK w/ PR	E- , POST-	ERRORS
Pre-only 0,80 0,40 0,4	Pre & Poit	080	0,40	0,40
THE STATE OF THE S	Po et-only	080	0,40	0,40
a idin aleenin ken	Pre-only	080	0,40	0,40
S+Rrn SPELLrn REAL		S+ Rrn	SPELLIN	REA D' r

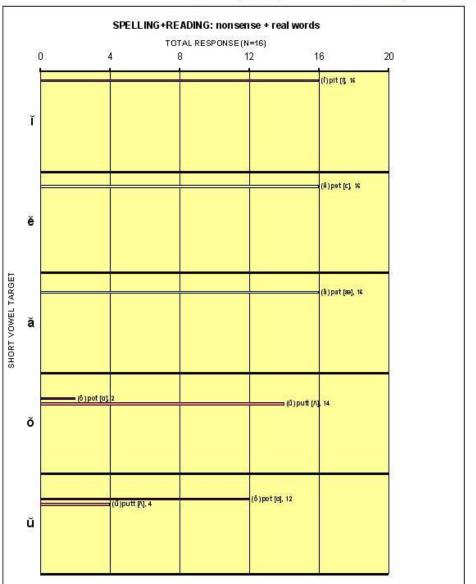
TARGET SHORT VOWELS	7000 DO	SPELL +	READ, n+r	SPELL n+r		READ n+r	
	ratio o k	%ok	corr. R.S. scored A.Siz.	ratio o.k	%ok	ratio o.k	%ok
ranger vowel = (i) prt[l]	16/16	100%	* # # # # # # # # # # # # # # # # # # #	86	100%	88	100%
erget vowel = (6) pet [6]	16/16	100%	100 100	8/8	100%	88	100%
rarger v ovel = (ă) par [ae]	16/16	100%	* 00	8/8	100%	88	100%
ranger v owel = (ö) por [o]	2/16	13%	0.95 0.90	0/8		28	25%
target v ovel = (0) putt[/)	4/16	25%	0.84	1,6	13%	3/8	38%

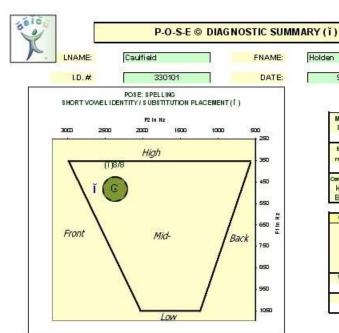
POSE "SILEN	IT E" ERRO	OR SUMM	ARY
SI	PELLING	Ħ	
intrusive in cvc/ccvcc error ratio % error i 0,440			2-2000 TO 2000 TO 2000
	EADING n		
intrusive in eve/cevee error ratio % errori 0,440			
SPE	LL+READ,	n+r	
intrusive in cvc/covcc error ratio % errors 0,80			





#### P-O-S-E © DIAGNOSTIC SUMMARY





POSE READING

SHORT VOWEL IDENTITY / SUBSTITUTION PLACEMENT: (1)

F2 In Hz

High

Mid-

LOW

1000

500

250

350

450

550

650

750

850

950

1050

Back

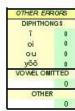
3000

Front

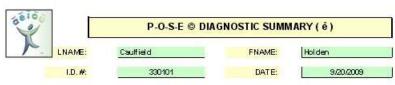
2500

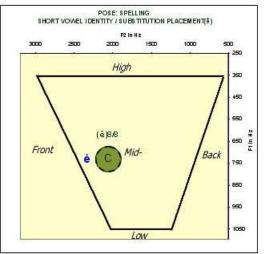


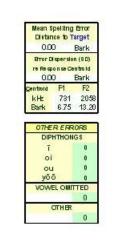


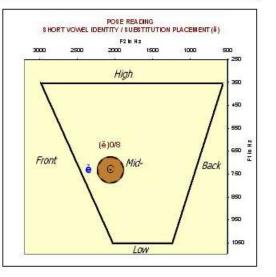




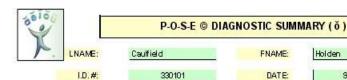


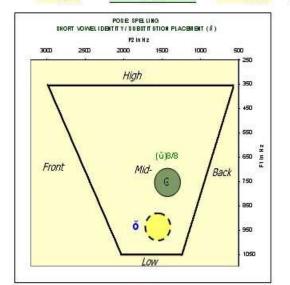








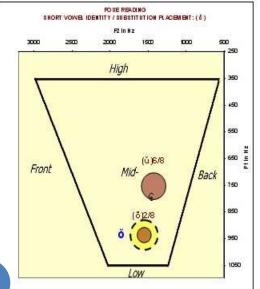


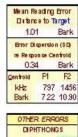




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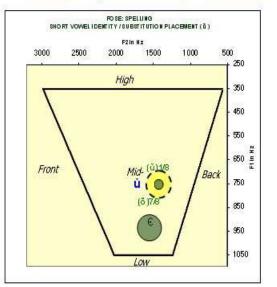
OTHER ER	RORS
DIPHTHO	NGS
ī	0
oi	0
ou	0
yōō	0
VOWEL OM	TTED
	0
OTHER	
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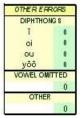


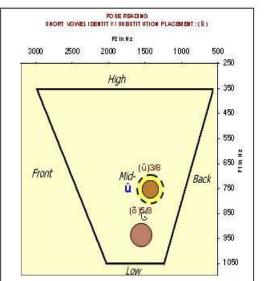
OTHER ERR	ORS
DIPHTHON	GS
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oi	0
ou	0
yōō	0
VOWEL OM	TED
10	0
OTHER	
	0

### P-O-S-E © DIAGNOSTIC SUMMARY (ŭ ) LNAME: Csulfield FNAME: Holden 1.D.#: 330101 DATE: 9/20/2009





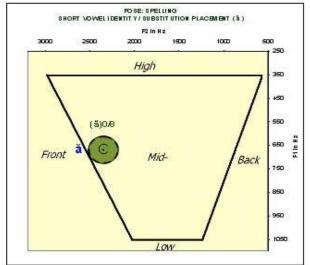


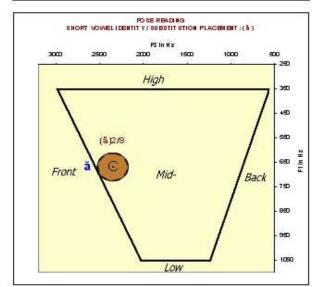


Mean R	eading ce to Ta	
0.8	4	Bark
Bror Di	aperalor	(8D)
re Respe		n to Id
0.4	2	Bark
Qenfrold .	F1	F2
kHz	865	1503
Bark	7.68	11.11

		- 7
	OTHER ERR	ORS
1	DIPHTHONG 8	
	7	0
	oî	0
	ou	0
	yōō	0
3	VOWEL OMIT	TED
	The state of the s	0
1	OTHER	
		0







	eading ce to Ta	
0.0	0	Bark
Error Di	spension	(8D)
re Resp	on to Ce	ntrold
0.0	0	Bank
	-	F2
Centrold	PI	12
Centrold kHz	2425400	2349

Mean Spelling Error

Di tance to Target

Error Dispersion (8D)

re Response Centrold

OTHER ERRORS

DIPHTHONGS

VOWEL OMITTED

OTHER

Bark

Bark

F2

0

0

0

0

0

669 2349

629 14.09

0.00

0.00

Centrold P1

oi

ou yōō

kHz

7	
OTHER ERR	ORS
DIPHTHONO	38
ī	0
oi	0
ou	0
yōō	0
VOWEL OMIT	TED
2000000	0
OTHER	
	0

9/20/2014

### Analyzing results

- Phonological rule patterns
  - Are there consistent vowel error patterns?
    - Phonological/Orthographic Displacement (POD)
    - Can range from an adjacent vowel on the vowel quadrangle to a remote vowel widely removed from the target location
    - Mirrored vowel means the same short vowel displacement is reflected on all responses

If yes, provides information on phonological orthographic connection

If no, may indicate poor phonological development or other problems

#### POSE results

 Results are analyzed and sorted into a classification to determine remediation of vowel error patterns.

#### Classification system:

- 1. No or few errors
- 2. Classroom
- 3. Classroom with Support
- 4. Team
- Results are the basis for formulating a remediation program.

# Understand underlying concepts of vowel training

- Goal is to change auditory storage of error vowel to correct vowel
- Vowels are produced within the mouth-no visual cues
- Vowels have close phonological relationshipsacoustic wave form
- Important to complete the auditory-articulatory loop
- Classroom conditions with noise can create difficult listening to differences

## POST- Phonological Orthographical Substitution Therapy

- Remediation begins with vowel error patterns
- Select target phonemes based on items most frequently missed
- Are errors on reading, spelling or both tasks
- Set up phonemic input/ output matrix

#### **Vowel Matrix**



#### **Vowel Matrix**



#### CASE STUDIES

- John S
  - 11 years of age
  - 6<sup>th</sup> grade
  - Referred for an auditory processing evaluation due to poor reading scores and written language scores
  - An analysis of overall pattern of results indicate normal auditory processing skills except in the area of phonemic synthesis (17/25 correct- norm 21 correct on the Phonemic Synthesis tests)
  - IQ- 117 overall

#### John S

- Reading scores
  - Woodcock Test of Reading Mastery- 2.3 grade
  - WIAT 12<sup>th</sup> percentile
  - Spelling 12<sup>th</sup> percentile
  - Pseudo word decoding 12<sup>th</sup> percentile
  - Listening comprehension 99<sup>th</sup> percentile
- Classification- learning disabled
- Placed in self contained class in 7<sup>th</sup> grade

#### **POSE** results

#### Error patterns on 4 out of 5 vowels

- Flap for flop
- Yum for yam
- Han for hen

#### Error patterns on diagraphs

- Wis for wish
- Bliss for flesh
- S vs sh

#### John

- 14 months of phoneme remediation
- Results
  - Reading
    - Woodcock Reading Mastery-
    - Pre treatment grade 2.3
    - Post treatment grade 6.5
- Placed in collaborative class
- Following year, placed in regular class without support
- Declassified

#### Jane

- 14 years of age
- 9<sup>th</sup> grade
- IQ 110
- History of reading decoding and spelling problems

#### Jane

- Reading scores
  - Woodcock Test of Reading Mastery
    - Word identification 5.8 grade level
    - Word attack 5.8 grade level
    - Word comprehension 7.1 grade level

#### Jane

- One school year of remediation
- Results
  - Word identification 10.5 grade level
  - Word attack 12.3 grade level
  - Word comprehension 12.2 grade level

# P-O-S-E and students with hearing impairment

### Summary

- Audiologists have a role as a member of a literacy team since it has been shown that there is a "significant link between subcortical <u>auditory</u> function and reading."
- Audiologists often see children for auditory processing evaluations whose primary complaint is a weakness in reading decoding.
- Recommendations should include referral back to SLP for an analysis of phonology, reading and spelling.
- Phonology underpinning reading can be changed at any age